



Tilak Maharashtra Vidyapeeth, Pune

The Late Vaidya P. G. nanal Department of Ayurveda

M.Sc. in Nutrition & Food Science

Total Marks: 50

Duration 1 hr 30 minutes

Instructions: All questions are compulsory

Q.1. Importance of fruits in Diet? (10)

Q.2. Explain Dietary causes for Diabetes Mellitus? (10)

Q.3. Elaborate hazards of junk food in teenagers? (10)

Q.4. Write short notes. (20)

1. Cumin Seed properties
2. Diet for Geriatrics (Old people)
3. Benefits of Paneer
4. Preserved food effects